

Maine BMV permit practice test 3

From the Maine Driver's License Manual (Motorist Handbook and Study Guide). Free at permitpracticetestdmv.com/maine/

25 questions. Circle one answer for each. Answer key on the last page. Name: _____ Score: _____ / 25

1. How long do drowsy-driving "micro-sleeps" typically last?

- A. Less than one second
- B. Four to five seconds
- C. About 30 seconds
- D. About one minute

2. Between which hours does the Maine manual recommend finding a safe place to sleep instead of driving?

- A. Midnight and 6 a.m.
- B. 10 p.m. and 2 a.m.
- C. 2 p.m. and 4 p.m.
- D. 6 p.m. and 9 p.m.

3. How often does the Maine manual suggest scheduling a break on long trips?

- A. Every hour or 50 miles
- B. Every two hours or 100 miles
- C. Every four hours or 200 miles
- D. Only when tired

4. Which is a danger sign of drowsiness?

- A. You feel alert
- B. You are hungry
- C. Your radio is loud
- D. You don't remember driving the last few miles

5. What is the best way to avoid fatigue?

- A. Drink coffee
- B. Open a window
- C. Get plenty of rest
- D. Play loud music

6. In the Virginia Tech study cited by the manual, truck drivers who texted had how much greater risk of a crash or near-crash?

- A. 2 times
- B. 5 times
- C. 10 times
- D. 23 times

7. Anger, anxiety and worry while driving are which type of distraction?

- A. Visual
- B. Manual
- C. Mechanical
- D. Cognitive

8. How long should short glances at instruments or mirrors last?

- A. Less than one second
- B. About two seconds
- C. About three seconds
- D. Five seconds

9. Is a Maine driver under 18 allowed to use a mobile phone while driving?

- A. Yes, hands-free
- B. No; it is specifically prohibited
- C. Yes, at red lights
- D. Yes, for short calls

10. Under Maine law, may any driver use a handheld electronic device while driving?

- A. No; use of mobile phones or handheld devices while driving is prohibited
- B. Yes, if over 21
- C. Yes, for calls only
- D. Yes, on rural roads

11. Which of these does the Maine manual list as aggressive driving?

- A. Following too close and unsafe lane changes
- B. Signaling every turn
- C. Driving at the speed limit
- D. Yielding to pedestrians

12. According to the Maine manual, alcohol and other drugs are contributing factors in about what share of fatal crashes?

- A. 10%
- B. 25%
- C. 40%
- D. 75%

13. How much alcohol may a Maine driver under 21 have consumed before driving?

- A. None at all
- B. Up to .02
- C. Up to .05
- D. Up to .08

14. A Maine driver under 21 convicted of OUI loses their license for at least how long?

- A. 90 days
- B. 150 days
- C. One year
- D. Two years

15. An under-21 OUI offender had passengers under 21. How much extra suspension applies?

- A. 30 days
- B. 90 days
- C. 180 days
- D. 275 days

16. At what BAC does vision begin to be affected for all drivers, according to the manual?

- A. .02
- B. .05
- C. .08
- D. .10

17. About how long does it normally take your eyes to recover from headlight glare?

- A. One second
- B. Three seconds
- C. Seven seconds
- D. Fifteen seconds

18. How much does the risk of a crash increase at a breath alcohol level of 0.10?

- A. About 1 time
- B. About 6 times
- C. About 25 times
- D. About 50 times

19. Which drink contains about the same amount of alcohol as a 12 oz. can of beer?

- A. A 4 oz. glass of table wine
- B. A 12 oz. glass of wine
- C. Three shots of liquor
- D. A pint of beer

20. What is the only thing that sobers you up?

- A. Black coffee
- B. A cold shower
- C. Time
- D. Exercise

21. What alcohol level makes a Maine driver guilty of operating under the influence?

- A. 0.05
- B. 0.08
- C. 0.10
- D. 0.15

22. Under Maine's implied consent law, how long may your license be suspended if you refuse an alcohol test?

- A. Up to 90 days
- B. Up to one year
- C. Up to three years
- D. Up to six years

23. What is the minimum fine for a first Maine OUI conviction at 0.08 to 0.14?

- A. \$250
- B. \$500
- C. \$1,000
- D. \$2,000

24. How long is a first-offense Maine OUI license loss?

- A. At least 30 days
- B. At least 90 days
- C. At least 150 days
- D. At least one year

25. A first Maine OUI offender's BAC was 0.15 or higher. What minimum jail time applies?

- A. None
- B. 24 hours
- C. 48 hours
- D. 7 days

Answer key: Maine practice test 3

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1. B: Four to five seconds

Micro-sleeps last only four to five seconds, but at 55 mph even a tiny nap can be fatal. (Section 3: Fatigue — You Can't Fight Off the Sandman, page 24)

2. A: Midnight and 6 a.m.

Avoid driving during your body's downtime; find a safe place to sleep between midnight and 6 a.m. (Section 3: Fatigue — Give It a Rest for Safety, page 24)

3. B: Every two hours or 100 miles

Schedule a break every two hours or 100 miles, and stop sooner if you notice danger signs of fatigue. (Section 3: Fatigue — Give It a Rest for Safety, page 25)

4. D: You don't remember driving the last few miles

Danger signs include struggling to keep your eyes open, constant yawning, drifting, and not remembering the last few miles. (Section 3: Fatigue — The Danger Signs of Drowsiness, page 25)

5. C: Get plenty of rest

The best way to avoid fatigue is to get plenty of rest; caffeine, music and fresh air can't stop sleep. (Section 3: Fatigue — The Danger Signs of Drowsiness, page 25)

6. D: 23 times

Truck drivers who texted while driving had 23 times the risk of a crash or near-crash. (Section 3: Driver Distractions, page 26)

7. D: Cognitive

Cognitive distractions are mental thoughts and feelings that divert attention from the road. (Section 3: Driver Distractions, page 26)

8. A: Less than one second

Short glances can be done safely if limited to less than one second and related to driving. (Section 3: Driver Distractions, page 26)

9. B: No; it is specifically prohibited

A person under 18 is specifically prohibited from driving while using a mobile phone or handheld device. (Section 3: Driver Distractions — Using a Cellular Telephone in Your Vehicle, page 27)

10. A: No; use of mobile phones or handheld devices while driving is prohibited

Use of a mobile telephone or handheld electronic devices is prohibited by law when driving in Maine. (Section 1: Acquiring a Maine Driver's License — How Do You Obtain a Permit in Maine?, page 7)

11. A: Following too close and unsafe lane changes

Aggressive driving includes speeding, following too close, unsafe lane changes, not signaling, and not obeying traffic controls. (Section 3: Aggressive Driving, page 27)

12. C: 40%

Alcohol and other drugs are contributing factors in about 40% of all fatal crashes. (Section 3: Keeping Fit to Drive — Alcohol and Other Drugs, page 27)

13. A: None at all

Drivers under 21 may not drive after consuming any amount of alcohol. (Section 3: Keeping Fit to Drive — If you are under 21, page 28)

14. C: One year

Under-21 drivers convicted of OUI lose their license for at least one year. (Section 3: Keeping Fit to Drive — If you are under 21, page 28)

15. C: 180 days

For a driver under 21 convicted of OUI, having passengers under 21 in the vehicle adds 180 days to the license suspension (drivers 21 and older face 275 extra days). (Section 3: Keeping Fit to Drive — If you are under 21, page 28)

16. A: .02

Vision is impacted at .02 BAC for all drivers. (Section 3: Effect of Alcohol and other Impairing Drugs, page 28)

17. C: Seven seconds

It normally takes about seven seconds to recover from headlight glare, longer for drinking drivers. (Section 3: How Drinking Impairs Driving, page 29)

18. B: About 6 times

The manual lists crash likelihood as 1 time at 0.05, 6 times at 0.10, and 25 times at 0.15. (Section 3: How Drinking Impairs Driving — Alcohol Level, page 30)

19. A: A 4 oz. glass of table wine

A 12 oz. beer has about the same alcohol as a 1 oz. shot of 100-proof liquor, a 4 oz. glass of wine or a 10 oz. wine cooler. (Section 3: Myths Concerning Alcohol, page 30)

20. C: Time

Your liver oxidizes alcohol at a constant rate, so nothing but time will sober you up. (Section 3: Myths Concerning Alcohol, page 30)

21. B: 0.08

Driving with 0.08 grams per 100 ml of blood or 210 liters of breath is OUI. (Section 3: Alcohol and the Law — Immediate Suspension by Secretary of State, page 31)

22. D: Up to six years

Refusing results in an immediate administrative suspension of up to six years. (Section 3: "Implied Consent" What is it All About?, page 31)

23. B: \$500

A first conviction at 0.08-0.14 carries a mandatory fine of at least \$500 (\$600 with refusal). (Section 3: If you are Convicted of Operating under the Influence, page 32)

24. C: At least 150 days

A first OUI conviction brings a license loss of at least 150 days. (Section 3: If you are Convicted of Operating under the Influence, page 32)

25. C: 48 hours

At 0.15 or more (or with aggravating factors), you will spend at least 48 hours in jail (96 hours with a refusal). (Section 3: If you are Convicted of Operating under the Influence, page 32)